

# 2019 SCHEDULE

Updated Dec 12, 2018

Date	Retreat Group	Contact
January 1-30	Sanctum Retreat Under Expansion	
February 1-3	Men's Serenity Retreat – 12 Step	Ron (403)281-9495 or <a href="mailto:ronsalt@shaw.ca">ronsalt@shaw.ca</a> ; Ryan (403)978-5965
February 8-15	Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1-800-741-3449
February 22-24	Catholic Deacons' Retreat Archdiocese of Edmonton	Rev Deacon Pion Archdiocese of Edmonton
Feb 28 -March 7	Spiritual Exercises of St. Ignatius	Regnum Christi - Michelle Hoffman 403 208 7292
March 22-24	Transformational Breathing	Loryannenadine@gmail.com
March 29-31	Lotus Wing Yoga	Corrine McNally
April 5-7	Orthodox Men's Retreat	itriska@platinum.ca
April 12-19	Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1-800-741-3449
April 23-28	Warrior Monk Retreat	mindfulheart@yahoo.com
May 2-5	Yoga for Today: Yoga and Meditation Retreat with Marla Ericksen	Chris@yogafortoday.ca
May 7-9	Entrepreneurial Organization of Calgary TBC	Wendy Coombs
May 9-16	School of Sankalpa: The Study of Yoga Nidra	Contact: Heather <a href="mailto:hivany123@gmail.com">hivany123@gmail.com</a> Schoolofsankalpa.com
May 17-19	Women's Silent Retreat	Chris (780) 463-2871 or (780)717-2687 or newbuc@shaw.ca
May 20-24	Calgary Catholic Clergy Retreat	Rev. Daniel Stevenot Calgary Catholic Diocese
May 24-26	Women's Serenity Retreat	Jan <a href="mailto:greg88jan@shaw.ca">greg88jan@shaw.ca</a> or 403 986 1831; text 403 392 8719 Danielle (403)782 0821 or <a href="mailto:daniellegrrd@yahoo.ca">daniellegrrd@yahoo.ca</a>
May 27-30	Anglican Clergy Retreat	Rev. Noel (403) 346-3402
May 30-June 2	World Consciousness WCYF Teacher Training Retreat	Roberta Torrens <a href="mailto:Roberta@worldyogafamily.com">Roberta@worldyogafamily.com</a>
June 3-5	Seniors' Yoga	Kristen Beaulieu <a href="http://Kristenbeaulieu.com">Kristenbeaulieu.com</a>
June 6-10	Prana Meditation Retreat	Leala (780) 982- 2226
June 10-14	Ukrainian Catholic Clergy of Alberta	Edmonton Eparchy

	With Bishop David Motiuk	
June 14-21	Hoffman Institute Canada - Hoffman Process	1-800-741-3449
June 21-23	Healing Hearts Women's Retreat	Rosemarie (403) 660-1824 <a href="http://www.healingheartsretreats.com">www.healingheartsretreats.com</a>
July 5 -12	Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1 800 741 3449
July 19-28	Canadian International Harp Workshop CISHI	Gianetta Baril <a href="mailto:gianetta@forloveofharp.com">gianetta@forloveofharp.com</a>
August 2-4	Q2 Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1 800 741 3449
August 5-9	St Theresa's Catholic Youth Retreat	Santo Chines <a href="mailto:santo@strcp.com">santo@strcp.com</a>
August 9-11	Marriage Encounter in Spanish	Violeta
August 12-15	Provincial Conference for Peace and Human Rights	John Humphrey Centre for Peace and Human Rights
August 16-23	Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1-800-741-3449
August 26-31	Transformational Breathing	<a href="mailto:Loryannenadine@gmail.com">Loryannenadine@gmail.com</a>
September 11-12	Red Deer Catholic School Teachers Retreat	LeeAnn Arsenault
September 13-20	Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1-800-741-3449
September 20-22	<b>The Seven Principles for Making Marriage Work</b> – Gottman Method with Mariette and Kristoph Franz Dobrowolski Psy.D. – Gottman Leader	Sanctum Retreat Register online <a href="http://sanctumretreat.ca">sanctumretreat.ca</a> 1 888 442 0285
September 27-29	Ukrainian Educators' Religious Conference	Taras Podilsky (780) 434-4848
Sept 30- October 3	CAWES Central Alberta Women's Emergency Shelter Staff Retreat	CAWES
October 8-10	Seniors' Yoga	Kristen Beaulieu <a href="http://Kristenbeaulieu.com">Kristenbeaulieu.com</a>
October 10-13	West Plains Foundation Catholic Women's Retreat	Mary Zak
October 17-21	Autumn Wellness TBC	
October 25-27	Healing Hearts Women's Retreat	Rosemarie (403) 660-1824 <a href="http://www.healingheartsretreats.com">www.healingheartsretreats.com</a>

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November 8-15	Hoffman Institute Canada - Hoffman Process	Hoffman Institute Canada 1-800-741-3449
November 18-21	Anglican Clergy Retreat	Rev. Noel (403) 346-3402
November 21-24	Regnum Christi Retreat	Cathy Dusterhoff Christ the King Province
November 29-Dec 1	Northbow Men's Retreat	Bill Curtain
December 6-8	<b>The Seven Principles for Making Marriage Work</b> – Gottman Method with Mariette and Kristoph Franz	Sanctum Retreat Register online <a href="http://sanctumretreat.ca">sanctumretreat.ca</a> 1 888 442 0285